# Research on the Integration of Online and Offline Teaching Forms of Ideological and Political Theory Courses in the Context of the COVID-19

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**Abstract**: In the context of the epidemic situation, in combination with the actual situation of teachers and students, organize teachers to carry out online teaching in different levels and categories, promote the quality and efficiency of classroom teaching, actively promote the curriculum construction and "cloud teaching+ideological and political" teaching, at the same time, combine the anti-epidemic materials to play the role of ideological and political course ideological guidance and value guidance, enrich and expand the new connotation of ideological and political education. The article expounds the theoretical construction of the offline ideological and political education model for epidemic prevention and control and puts forward the practical content of "five in one" and "ten emphases" based on the actual work, to provide some practical countermeasures and suggestions for the online ideological and political education.

Keywords: Online and Offline; Teaching Forms; Ideological and Political Theory; COVID-19

### 1. INTRODUCTION

In January 2020, the unexpected novel coronavirus will bring unprecedented challenges to the people of China and even the world. Affected by the epidemic, the school was postponed on a large scale across the country. The education department actively decided to put forward the "non-stop teaching" plan, and organized the national universities, middle and primary schools to carry out online teaching and classroom guidance, free and open learning resource sharing and other platforms, providing a variety of practical paths for education and teaching in the epidemic, effectively solving the problems of limited teaching space and scarce teaching resources during the epidemic. The ideological and political theory course, as the key course to realize the fundamental task of establishing morality and cultivating people in colleges and universities, plays a key role in the growth of students and has a profound impact.

During the epidemic prevention and control period, ideological and political teachers took modern teaching technology and high-quality online course resources as carriers, either explored the use of webcast technology, or used various platforms to carry out online teaching, promoting the sharing of high-quality teaching resources, promoting teachers' acceptance and learning of modern teaching technology, improving students' main position, enriching teaching forms, and broadening the main channels and positions of ideological and political education, All these have injected new impetus into the reform of ideological and political teaching. When carrying out online ideological and political education, all class teachers and counselors should pay attention to the subjectivity of students, start from the reality of the current epidemic education, carry out online ideological and political education with students as the main body in various forms, enhance students' enthusiasm for participating in online ideological and political education, and use online resources to carry out experiential epidemic prevention and control education.

In addition, the ideological and political class is often a "combined class" teaching of two or three classes. The "broadcast" mode of the live broadcast platform should be adopted in the live broadcast. Teachers often "shuttle" through several classes of "network groups" to timely understand the needs of students and their responses to various questions. In a few minutes, hundreds of messages flashed on the screen, requiring teachers to quickly read, summarize and process these messages. There are 4 colleges and universities that did not record home exercise videos and weekly exercise plans for students, and directly relayed videos from other universities, accounting for 17%. See Table 1 below for details. These have undoubtedly increased the difficulty for ideological and political teachers to control classroom teaching, and seriously affected the continuity, systematic Ness, and integrity of live teaching. Focus on student-centered

### 2. THE PROPOSED METHODOLOGY

### 2.1 Design of online teaching mode of ideological and political theory course

Although teachers, in line with the concept of "student-centered", have given more classroom time to students to create a classroom atmosphere and mobilize students' subjective initiative, the students' subjectivity has not been truly mobilized, and the links such as classroom discussion and inquiry learning are always in the form. Students are more accustomed to copying notes and doing some memory tests, which is inevitably inefficient in the classroom. Focus on social responsibility education. Epidemic prevention and control are a "war" involving the whole people. To implement epidemic prevention and control and establish joint prevention and control responsibilities are not only the responsibility of the government and the medical system, but also the social responsibility of everyone.

Pre-class training to clarify the class process. Before the online teaching begins, it is very necessary to conduct unified

www.ijsea.com 7

online training for teachers. Simulate the establishment of class guidance teachers to be familiar with various functions of the platform, such as creating courses, building class groups, online check-in, chapter testing, online discussion, post interaction, etc. Through technical training, teachers will be able to skillfully operate various processes during teaching to ensure the smooth online teaching of Introduction. The achievement of online teaching effectiveness is closely related to students' own initiative. However, in the current education, many students have a weak awareness of themselves as learning subjects, and it is difficult to break through the old learning roles and habits for the time being. They are accustomed to passive acceptance and have a weak awareness of problems and research.

Focus on life safety education. The unfinished epidemic has caused tens of thousands of people to be infected, thousands of people to lose their lives, and the lives of people around the world are under threat. This epidemic has also warned us that life is a natural existence and a social existence. We should not only be responsible for our own lives, but also for the safety of others' lives. Online ideological and political education guides students to cherish and revere life. The "teaching" of teachers here is not to advocate the "full teaching" of live teaching, and the "learning" of students here is not to encourage students to learn at full load in front of the screen and not less than a minute, but rather to guide students to develop a good habit of "independent learning" and "independent thinking". The continuous "indoctrination" for 45 minutes or more makes it difficult for students to maintain their attention, and the teaching effect can be imagined.

## 2.2 Exploration on Improving the Effectiveness of Online Teaching of Ideological and Political Courses

Pay attention to students' personality characteristics. Combining the learning characteristics of post-00 students, the author believes that it is necessary to effectively consolidate the content of online teaching and offline course assignments, but the forms can be varied. First, answer homework. Each topic will be released directly after the end of the lecture. In the "test/homework" section of the platform setting, teachers can flexibly design homework questions. Teachers can also select students to answer the specified questions through the "raffle" function and give rewards to students who answer correctly. The first thing for students to learn is to acquire knowledge. In the process of knowledge dissemination and acquisition, textbook knowledge is undoubtedly the most basic. Therefore, in the teaching of ideological and political courses, we should first pay attention to knowledge education, and pay attention to what we have learned in textbook knowledge, especially how to teach textbook theoretical knowledge from the perspective of epidemic prevention and control. The Chinese government responds quickly to design on the top of the education development level of public health emergencies and minimize the outbreak's impact on education teaching work (See Figure 1).

Secondly, the teaching of ideological and political courses is not only the dissemination of knowledge, but also the ideological guidance. During the epidemic prevention and control period, the teaching content of ideological and political courses must be closely linked to the times and reality, guide students to pay attention to the epidemic situation, pay attention to the advanced deeds, pay attention to all kinds of information and reports on various platforms, and strengthen patriotism education, education of socialist core

values, life education, mental health education, right and wrong education, network standard education, etc., Realize the deep integration of knowledge and value of ideological and political courses.

The centralized "launching" of online teaching is a major challenge to the basic technology of the live broadcast platform and the operating level of teachers. Due to the huge number of teachers and students online in the country, the Learning Connect platform was impacted by the huge traffic and was limited, which led to partial function failure, affecting the progress and effect of live broadcast. Only by integrating students can all the specific methods of studying students become natural. Teachers and students will communicate and exchange ideas in a harmonious, relaxed, and pleasant environment, and then seek the consistency of values. Of course, the realization of this state requires the ideological and political teachers' unremitting emotional efforts and practical exploration.

### 3. CONCLUSION

The new theoretical model of constructing online ideological and political education introduced in this paper, the practical content of "five in one" and "ten emphases", systematizes, processes, standardizes and scientizes online ideological and political education, and provides some practical countermeasures and suggestions for training the builders and reliable successors of socialism with Chinese characteristics in the new era who are both red and professional, and who are morally, intellectually, physically and aesthetically developed in an all-round way.

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www.ijsea.com 9